

ROLE OF A SOCIAL WORKER

Social workers play an important role in supporting the health and wellbeing of Veteran's families.

Here are some of the areas social workers focus on:

Counselling: Social workers provide brief counselling and therapeutic interventions to individuals, families, and groups to improve social and emotional wellbeing. Social workers can support and empower you to develop unique self-care skills and coping strategies.

Crisis Intervention: Social workers may provide crisis intervention services that may involve providing emotional support, coordinating resources, and helping individuals and communities recover from traumatic events.

Case Co-ordination: Social workers act as a lighthouse assisting with service navigation and complex case co-ordination for clients. This can involve assessing needs, developing care plans, making referrals, and coordinating with other services to ensure clients receive appropriate support.

Facilitation: Social workers facilitate groups and community programs to address specific issues or promote social change. This may involve leading support groups, facilitating workshops or training sessions, and organising community initiatives or events.

Education: Social workers provide education and information to families and communities on various topics such as mental health, domestic violence, life transitions, grief and loss, and more

Values of a Social Worker

Social work is a profession that is deeply rooted in a set of core values and ethics in line with the Australian Association of Social Worker (AASW) that guide social workers in their practice and help them make a positive impact on individuals, families, and communities. Social workers work towards creating a more just and equitable society where all individuals have the opportunity to thrive.

Here are some common values that social workers typically adhere to:

Social Justice: Social workers strive to promote social justice, fairness, and equity for all individuals and communities. They work to eliminate discrimination, oppression, and inequalities based on factors such as race, gender, sexual orientation, religion, socioeconomic status, and more.

Human Rights: Social workers are committed to upholding and advocating for the human rights of all individuals, including their right to dignity, respect, safety, and self-determination. They work to protect and promote the rights of vulnerable and marginalised populations.

Empathy and Compassion: Social workers approach their work and build trusting relationships with empathy and compassion, showing understanding and care towards the challenges experienced by others.

Integrity and Ethics: Social workers adhere to a code of ethics set out by the AASW that guides their professional conduct. They are committed to maintaining integrity, honesty, and professionalism in their interactions with clients, colleagues, and the broader community.

Person-Centered Approach: Social workers take a person-centered approach, recognizing the uniqueness and worth of each individual. They work collaboratively with clients, empowering them to identify their own strengths, needs, and goals, and develop strategies for positive change.

Trauma-informed approach: social workers recognise the impacts of trauma on individuals, families, and communities' and explore the different ways in which individuals respond to trauma. Social workers look beyond these trauma responses to the lived experiences of each unique individual exploring their strengths and examples of acts of resistance such as seeking help which counteract the trauma. This person in context lens separates the person from the trauma highlighting vulnerabilities which may have contributed to their current circumstance.

Confidentiality: Social workers respect and protect the confidentiality and privacy of their clients, in accordance with relevant laws, regulations, and ethical standards. They maintain confidentiality in their professional relationships, unless there are legal or ethical obligations to disclose information.

Cultural Competence: Social workers are culturally competent, recognising and respecting the diversity of individual's cultures, beliefs, values, and identities. They work to provide inclusive and culturally sensitive services that are responsive to the unique needs and backgrounds of clients.

Advocacy: Social workers are advocates for their clients, promoting their rights, needs, and well-being. They work to empower clients to advocate for themselves, while also advocating at the systemic level for policies and practices that promote social justice and positive change.

Collaboration: Social workers work collaboratively with clients, colleagues, and other professionals to provide comprehensive and holistic services. They recognise the importance of interdisciplinary collaboration and coordination to address the complex needs of clients and communities.

Self-Awareness and Self-Reflection: Social workers engage in ongoing self-awareness and self-reflection, recognising their own biases, values, and limitations, and continuously striving to enhance their professional competence and effectiveness.



FAMILIES OF VETERANS GUILD

Our Social Work Team

Families of Veterans Guild's Social Work and Wellbeing Programs encompasses walking alongside and supporting the wellbeing of defence and veteran families.

Our social worker's provide person-centred and trauma informed services that may include:

Emotional Support: Offering short term support through therapeutic interventions to support the social, emotional, physical, and spiritual wellbeing of Defence and Veteran families including counselling.

Case Coordination: Ensuring clients receive individualised support using a trauma-informed and person in context approach by identifying individual needs, facilitating referrals, and supporting access to other social and community services

Group Facilitation: Supporting clients to engage in self-care activities through our wellbeing events while building peer connections and sharing stories to encourage healing and post traumatic growth

Education: Guiding and being guided by families and communities on a range of wellbeing topics including self-care, family and domestic violence, life transitions, caring journeys, grief and loss, and more.

Contact our Social Work and Wellbeing Program at wellbeing@fov.org.au

Discover more about our Social Work and Wellbeing Program by scanning the QR codes below, or join our Wellbeing Support Online Group.



Find out more



Join our Wellbeing
Support Online Group

